



friendship force

CENTRAL
NORTH CAROLINA

Our mission is to promote global understanding across the barriers that separate people.

Spring 2019

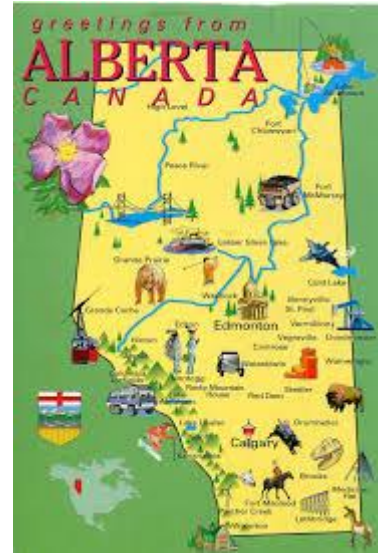


2019/2020 Upcoming Events

2019	May 9 th , FFCNC Board Meeting
2019	May 14-20, Inbound Journey from Sao Luis, Brazil
2019	June 1 st , New Member Orientation at the Kiszely's
2019	June 30 th , Let's Eat Out, J. Peppers, Kernersville
2019	July 23-27, FFI World Conference Boulder, Colorado
2019	October 12, Annual Membership Meeting
2020	July (?) Outbound Journey to Lethbridge, Canada
2020	Inbound Domestic Journey from Oklahoma City

It's a Match!! *O'Canada*

In March, FFCNC received its outbound journey assignment from Atlanta for 2020 – Lethbridge, Canada. And where you ask is Lethbridge? In the province of Alberta. So tentatively mark your calendars now and plan to join us for a journey to Canada in the summer of 2020. Thanks to Ralph Cauthen, who has agreed to be the Ambassador Journey Coordinator. We have not received an international inbound journey assignment to date.



About Lethbridge



Lethbridge lies southeast of Calgary on the Oldman River. It is the commercial, financial, transportation and industrial center of southern Alberta. The city's economy developed from drift mining for coal in the late 19th century and agriculture in the early 20th century. The small city charm, friendly people and warm Chinook winds are second only to the spectacular High Level Bridge. The Lethbridge High Level Bridge, called a viaduct by Canadian Pacific Railway engineers, is the longest-highest bridge of its type in the world. When the bridge was completed in 1909, it was described as one of the “wonders of the world”. Lethbridge has a moderate continental climate with warm summers and mild winters due to Chinook winds. Lethbridge and southwest Alberta also receive one of the highest amounts of sunshine in the country.

Fast Facts About Lethbridge

- Lethbridge enjoys more than 320 days of sunshine per year.
- Lethbridge became a city on May 9, 1906.
- The height of the CP Rail High Level Bridge is 95.7 meters.
- Lethbridge is one of only a few cities its size with two post-secondary institutions - Lethbridge College and University of Lethbridge.
- Agriculture is the main industry in southern Alberta and plays an important role in the city's retail, wholesale and service sectors.
- Lethbridge provides a central location from which to see some of the most spectacular attractions and scenery that Alberta has to offer: www.exploresouthwestalberta.ca.
- Lethbridge offers more than 130 parks, 240 km of walking and running trails, playgrounds and sports fields throughout the city.

Brazilian Incoming Journey, May 14-20



Journey # 15051 Itinerary

Members and Guests are invited to join in the following events during the Brazilian inbound journey.

Wednesday, May 15, 2019, Winston-Salem

11:30 am - Welcome lunch at the Club Dining Room, Corrin Refectory, Salem College. Introductions and presentation on Old Salem Historic District. **Reservations Required. Cost is \$24.00 (includes gratuity). Ambassadors, guests and hosts are prepaid. Please RSVP no later than Thursday, May 9th, to Ray Kiszely at 301-580-3253 or raykiszely@yahoo.com.**

2:00 to 3:30 pm - Assemble at St Philips Moravian Church. **No reservations required.** Welcome and brief remarks by Mayor Allen Joines followed by presentation on recent social and economic developments in Winston-Salem and the Triad.

Thursday, May 16, 2019, Mt. Airy

10 to 11:30 a.m. - Guided tour of Andy Griffith Museum, 218 Rockford Street, Mount Airy, NC 27030. Presentation on Mayberry USA. (Admission is \$8.00; Ambassadors and guests are prepaid; free parking adjacent to museum)

11:45 am to 3:00 pm, Lunch and Main Street stroll/Squad Car tour

Lunch at The Loaded Goat Restaurant, 247 City Hall St, Mt Airy, NC 27030. Walk 6 blocks or park free in city lot behind the Emporium building. **Lunch is \$18.00 (includes gratuity).** Ambassadors, guests and hosts are prepaid. **Reservations required. Please RSVP by Thursday, May 9th, to Ray Kiszely at 301-580-3253 or raykiszely@yahoo.com.**

1:00 pm - Stroll Main Street Shops, and/or 45 min. Squad Car tour of Mt. Airy and the Granite Quarry at Wally's Service Station, 625 S. Main Street. Ambassadors and guests prepaid. (Tickets: \$40/car/5 passengers, cash or check only).

Depart Mt Airy 3:00 pm for JOLO Winery, 219 JOLO Winery Ln, Pilot Mountain, NC 27041.

3:30 pm – Reservations at *JOLO Winery & Vineyards* for optional wine tasting (\$15 covers 5 dry, 1 desert, 1 sangria. JOLO decorative glass - \$5)

Please contact Charles John at 336-621-5898 or charlesdjohn@hotmail.com if you plan to join the ambassadors and hosts in Mt. Airy.

Friday, May 17, 2019, Greensboro

11:00 am to 12:30 pm - *Guided tour of International Civil Rights Museum, 134 S. Elm Street.* Tickets available at the museum. Admission cost is \$12. Ambassadors and guests are prepaid.

Saturday, May 18, 2019, Raleigh

The day's visit to Raleigh allows us to offer our ambassadors capital-city experiences that align with their interests. Plan to arrive in the Raleigh area during the 11 o'clock hour or even earlier in order to secure downtown parking. A day-visit stipend of \$15 will be available to ambassadors and hosts only. Below are three suggested options for lunch and tours.

Option 1

Find parking at <https://naturalsciences.org/visit/directions-parking>. Lunch at food trucks in the area or at The Daily Planet Café or Arco Café, both at 121 W Jones St.

Visit NC Museum of Natural Sciences,
<https://naturalsciences.org/visit> and/or

NC Museum of History and/or visit NC State Capitol,
<https://triangleonthecheap.com/tours-north-carolina-state-capitol/>

and/or Raleigh Arts Festival: 2019, Artsplosure,
<https://www.fairsandfestivals.net/events/details/2019-artsplosure-raleigh-arts-festival>

Option 2

Find parking at https://ncartmuseum.org/visit/plan_your_visit/. Lunch at food trucks in the area or at Iris in the NC Museum of Art, 2110 Blue Ridge Rd, or Neomonde Mediterranean Raleigh, 3817 Beryl Rd, or Guasaca Arepa & Salsa Grill, 4025 Lake Boone Trail.

Visit NC Museum of Art and/or Contemporary Art Museum of Raleigh, 409 W Martin St and/or

JC Raulston Arboretum, 4415 Beryl Rd,
<https://jcra.ncsu.edu/visit/visitor-information/index.php>,

and/or visit Got To Be NC Festival 2019,
<https://gottobenfestival.com/>.

Option 3

Find parking at <https://gardens.duke.edu/visit/visitor-hours-parking>. Lunch at Café Duson, 307 Trent Drive, Durham or Blue Corn Café, 716 9th St, Durham. Visit Duke Gardens; stroll the gardens or take a guided walking or trolley tour.

Please contact Charles John at 336-621-5898 or charlesdjohn@hotmail.com if you plan to join the ambassadors and hosts in Raleigh.

Sunday, May 19, 2019 – Farewell Picnic

2:30pm - Harmon Park, 152 S. Main Street, Kernersville. Assemble at Shelter for farewell picnic lunch. Food truck will be on site. **Reservations required. Cost is \$15.00.**

Ambassadors, guests and hosts are prepaid. **RSVP by Thursday, May 9th, to Ray Kiszely at 301-580-3253 or raykiszely@yahoo.com.**

Payments for the Welcome, Farewell, and Mt. Airy lunch events should be sent to Treasurer, Ray Kiszely, 1917 Townsend Forest Lane, Browns Summit, NC 27214.



We may not be able to pay \$10,000 but the reward is very worthwhile. We need your help to make our journeys for 2020 a success. **We need YOU - to be a journey coordinator for our domestic inbound journey from Oklahoma City.** No prior experience is required and experienced mentors will help guide your way. And there is compensation in the form of a \$300 credit for future FFI travel. If you are willing to participate in this capacity, please contact Barbara North at 336-643-0985, woodnotes2004@yahoo.com or Patti Gilmour, 336-852-6037, gilmsyl@gmail.com. It is not too early to start planning for 2020.

SAVE THE DATE

- Wednesday, May 15th, 11:30 a.m., Welcome Lunch at Salem College for Brazilian inbound journey
- Sunday, May 19th, Farewell Picnic for Brazilian inbound journey, 2:30 p.m., Harmon Park, Kernersville
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- Saturday, June 1st, New Members Orientation at the Kiszely's
- Sunday, June 30th, 1:30 p.m., LEO (Let's Eat Out), J. Peppers, Kernersville, NC. More details will follow in late May.
- Saturday, October 12th, FFCNC Annual Meeting (Details to be determined)



MEET OUR NEWEST MEMBERS



Laura Graham is a retired school media specialist and administrator. She is interested in history, music and gardening. She has 2 sons and one grandchild and is a member of the Unitarian Universalist Church of Greensboro.

Eleanor and Mike Stoller moved to Oak Ridge from Chagrin Falls, Ohio, when they retired fourteen years ago. Before retiring, Eleanor was a sociology professor at Case Western Reserve University, the University of Florida, and the State University of New York (Plattsburgh). Mike was a professor of economics at the State University of New York (Plattsburgh) and University of Akron and a forensic economics consultant for attorneys. They enjoy traveling and travel photography and have visited 36 countries and 48 states. A highlight of traveling is meeting new people, and they look forward to traveling with FF and hosting visitors to our area.





Dr. Ann Barefield

I have been an educator for 60 years. I have 3 children, 2 grandchildren and 2 great grand. I attend operas, plays, lectures and other musical events. I have been an elementary school teacher and a middle school teacher, a college professor and an assistant superintendent of schools.

Cristy Flores is a mother of 2 adult children and married to Jess Schneider for 32 years. She has a hypnosis practice helping people with many different behavioral issues. She enjoys travelling, exercising and reading. She has recently become a pickle ball addict!

Jes Schneider was born in Alabama and moved to Greensboro when he was 16. He earned a BA and MA degree in Sociology from UNCG and has spent the past 32 years working in Human Resources Management for various consulting firms and global corporations. He has been enormously blessed to be married to his beautiful wife, Cristy, for almost 33 years. He enjoys saltwater fishing, traveling, and attempting to play the guitar.



PR OUTREACH

In February, FFCNC was invited to tell its story to the LET'S GO SENIORS group at the Community Foundation building. Ray Kiszley, Charles John, Jim North and Ralph Cauthen participated in the presentation.

In March a similar presentation was made to the Seniors lunch group at West Market United Methodist Church by Jim North, Lundee Amos, and Ralph Cauthen. The FFI videos which are available on the FFI website were very useful.

Members are also encouraged to become familiar with these videos: [www: the friendshipforce.org /Who we are/ News and Media/ Videos](http://www.thefriendshipforce.org/WhoWeAre/NewsandMedia/Videos).

Ralph Cauthen

1st QUARTER 2019 FUN ACTIVITIES



Chocolate Party, January 19th at Home of Lucy Kaplan



New Member Orientation, January 26th
Home of Leroy and Valerie Stokes



Tour of Korner's Folly and Lunch at Mae's Kitchen, March 30th



2019 World Conference



World Conference Package includes:

- 3 nights on-campus accommodation, with twin size bed in a room for two and community shared bathroom, July 23-26
- 1 dinner, July 23
- 3 breakfasts, July 24, 25, 26
- 2 lunches, July 24 and 25
- 2 full days of updates and training, July 24 and 25:
 - a general session with campus welcome, recognition of countries, host cup ceremony, FFI updates, and keynote speaker
 - 5-6 workshop sessions with at least 16 different topics to choose from
- Conference bag and gift
- Friendship Force's "Bluegrass in Boulder" Night: Our private party in downtown Boulder with barbecue buffet, bluegrass band, dancing and awards

Optional 2-Night Campus Stay Extension includes:

- 2 nights on-campus accommodation, with twin size bed in a room for two and community shared bathroom, July 26-28
- 2 breakfasts, July 27 and 28

Click on <https://www.eventleaf.com/2019FFWorldConf> for information on registration costs and optional activities.